



# Introducing 5 Essentials

Enjoy complimentary food and beverages, while learning about the upcoming events and new ways to maximize your implementation of the 5 Essentials into your life!

This is an exciting opportunity to **bring friends** and family who need to experience the life-changing care that we deliver at our clinic.

- Learn the real definition of health and how you can overcome current health issues using practical steps
- Spend valuable face time with your local Maximized Living doctor
- Learn about the upcoming events at our clinic!

## REGISTER NOW

**PHONE:** 651-464-0800

**ONLINE:** 

info@lakewoodschiropractic.com

## EVENT INFO

DATE:

**TIME:** 6:30PM

**LOCATION:** *Vannellis* By The *Lake* 55 Lake St S, Forest Lake, MN

#### Dr. Jason Gerard

### **Lakewoods Chiropractic**

255 Hwy 97 Suite 2A 651-464-0800

Lakewoodschiropractic.com info@lakewoodschiropractic.com

Lakewoods Chiropractic practices the traditional wellness philosophy of chiropractic, which is subluxation correction and lifestyle management. We are promoting optimum health levels and experiencing a full life.